

## **Mixed Berry Ambrosia Pudding Cup**

Sugar-free Vanilla Pudding with Whipped Topping, Banana, Mixed Berry, and Toasted Coconut

Yields: 12 servings

### **Ingredients:**

1 ¼ quart skim milk  
3 ¾ ounces of diet vanilla pudding, instant  
4 ounces whipped topping  
4 ½ ounces bananas, peeled and chopped  
4 ½ ounces mixed berries, frozen, chopped  
1 ½ ounces shredded coconut, sweetened

### **Procedure:**

1. Pour milk into a mixer bowl with wire whisk attachment. Add pudding mix. Beat on low speed just until blended, stopping occasionally to scrape bowl. Beat on medium speed for 1 minute or until slightly thickened.
2. Add banana, mixed berries, and coconut. Spoon about 2/3 cup into each dessert dish. Top with whipped topping and coconut. Hold at an internal temperature at 40 degrees F or below for at least 1 hour before service.

Shelf Life- Use within 24 -48 hours.