



PATIENT CLINICAL UPDATE

Date: _____

Name: _____ DOB: _____ Allergies: _____

Please describe the reason for your visit today: _____

<p>MENSTRUAL HISTORY</p> <p>Age at onset: ____ Last menstrual cycle _____</p> <p>Do you have a period regularly every month? Yes No</p> <p>Do you have bleeding between your periods? Yes No</p> <p>Length of Cycle (from start to start): _____</p> <p>Duration of bleeding: _____ Days</p> <p>Flow: Light Moderate Heavy</p> <p>Pain/Cramps: Mild Moderate Severe</p>	<p>GYNECOLOGIC HISTORY</p> <p>Method of Birth Control: _____</p> <p><u>Prior Infections:</u></p> <p><input type="checkbox"/> Herpes <input type="checkbox"/> Other _____</p> <p><input type="checkbox"/> PID</p> <p><u>Have you had:</u> <input type="checkbox"/> Abnormal Periods <input type="checkbox"/> Pelvic Pain</p> <p><input type="checkbox"/> Ovarian Cysts <input type="checkbox"/> Endometriosis</p> <p><input type="checkbox"/> Incontinence <input type="checkbox"/> Leakage of Urine</p> <p><input type="checkbox"/> Pain during intercourse <input type="checkbox"/> Abnormal Pap Smear</p>
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Please indicate if you have had any medical changes during the past year (list condition and date of diagnosis).

PERSONAL HISTORY of Heart Disease, Blood Pressure, Stroke, Bleeding Disorders, Lung, Diabetes, Thyroid, Osteoarthritis, Depression/Anxiety, or Cancer _____

Please indicate if a member of your family has had any medical changes during the past year (list condition and relationship to you and their age)

FAMILY HISTORY of Heart Disease, Blood Pressure, Stroke, Bleeding Disorders, Lung, Diabetes, Thyroid, Osteoarthritis, Depression/Anxiety, or Cancer _____

SOCIAL HISTORY:

Cigarettes: Never Currently Age Started _____ Quit Date: _____

Alcohol: Never Occasionally Daily

 Number of drinks per week _____ per day _____

Street Drugs: Never Marijuana Cocaine IV Drugs Other _____

Abuse: Never Currently Past

MEDICATIONS: Please list any medications that you are taking.

PREGNANCY HISTORY DURING THE LAST YEAR (include miscarriages)

Year	Sex	Infant Weight	Type of Delivery	Hours of Labor	Complications	Gestational Age at Delivery (#of weeks)

SURGICAL HISTORY: Please list any surgeries within the past year.

HEALTH MAINTENANCE: Please list the date of your most recent exam. Mammogram _____

Bone Density _____ Pap Smear _____ Colonoscopy _____ Vaccines _____