Riverview Health Athletic Trainers





Jan Clifton-Gaw MS, LAT, ATC, CSCS

Hamilton Heights High School

Jan Clifton-Gaw has worked as a certified and licensed athletic trainer in the Midwest since 1991 and is currently the head athletic trainer at Hamilton Heights High School. Jan has received multiple awards from the Indiana Athletic Trainers' Association (IATA), including being inducted into the IATA Hall of Fame. She is certified by the National Athletic Trainers' Association (NATA). Jan's greatest moments continue to be the successes of her students, not only on the athletic field but also in the community.



Megan Simcox, LAT, ATC, PTA

Hamilton Heights Middle School

Megan Simcox has been a certified and licensed athletic trainer since 2009. She earned her Bachelor of Science degree with an emphasis in athletic training from Ball State University. Previously, Megan worked as an athletic trainer at Noblesville High School and Noblesville West Middle School before she returned to school to get her associate's degree from Kent State University as a physical therapy assistant. She is excited to be back at the school level and working with student-athletes.



Carson Brown, LAT, ATC

Tactical Performance

Carson Brown is a certified and licensed athletic trainer. He received a Bachelor of Science degree in athletic training with a minor in massage therapy at Indiana State University. During this time, he worked with ISU men's and women's track and field, ISU women's swimming and diving, and DePauw University's men's and women's lacrosse. He also has experience in the high school setting, having served as the athletic trainer for Adams Central High School in northeast Indiana. Carson has also worked in the industrial setting, performing ergonomics training with manufacturing employees at Cummins Engine Co. In his free time, he enjoys cooking and spending time with his wife.



Betsy Williams, MEd, LAT, ATC

University High School

Betsy Williams is a certified and licensed athletic trainer. She received a Bachelor of Science degree in kinesiology with emphases in athletic training and physical education at Indiana University. During her time at IU, Betsy worked primarily with the football and women's basketball teams. She went on to receive her Master of Science degree from the University of Arkansas. There, she worked with the cheer and dance teams, as well as the mascots. Betsy also served as the athletic trainer for Park Tudor School in Indianapolis.



Alyssa Clendenen, LAT, ATC

Westfield High School

Alyssa Clendenen is a certified and licensed athletic trainer. She received a Bachelor of Science degree in athletic training from Purdue University. While at Purdue, Clendenen worked with many of the University's athletic teams and Lafayette/West Lafayette area high schools. After obtaining her undergraduate degree, she completed an internship at the University of North Texas, where she primarily worked with the football and women's golf teams, among others. Alyssa served as an athletic trainer for William Henry Harrison High School in West Lafayette before joining the Riverview Health team at Westfield High School.



Anthony Scott, MS, LAT, ATC

Westfield High School

Anthony Scott is a certified and licensed athletic trainer. He earned his Bachelor of Science in athletic training from Ball State University. During that time, he worked with several Ball State athletic programs and high schools in the Muncie community. After completing his bachelor's degree, Anthony went on to achieve his Master of Science from the University of Georgia, where he was the certified athletic trainer for the Division I men's tennis program and cheer and dance teams.



Nancy LaFon, MEd, LAT, ATC

Westfield Middle School

Nancy LaFon is a certified and licensed athletic trainer. She earned her Bachelor of Science in sports science with an emphasis in athletic training from Indiana University in 1990 and her Master of Education in athletic training from the University of Virginia in 1991. Nancy spent the next 25 years covering athletics at middle and high schools throughout central Indiana, including Ben Davis High School in Indianapolis, Danville Community Schools and 17 years at Zionsville Community Schools. Before coming to Westfield Middle School, she spent eight years in the clinical orthopedic setting at Forté Sports Medicine and Orthopedics. Nancy has held committee and officer positions in the Indiana Athletic Trainers' Association. Outside of athletic training, she enjoys traveling and spending time with her family and friends.



Shannon Wait, MS, LAT, ATC

Westfield High School

Shannon Wait is a certified and licensed athletic trainer. She received a Bachelor of Science degree in kinesiology with an athletic training emphasis from the University of Illinois. While obtaining her Master of Science degree from Eastern Illinois University, she provided coverage for its Division I-AA football team and Division I wrestling team. Previously, Shannon worked as an outreach athletic trainer at New Augusta Public Academy in Pike Township.



Sandi Byle LAT, ATC, BSN/RN Sheridan High School

Sandi Byle is a dually licensed athletic trainer and registered nurse. She received her athletic training degree at California State University—Chico in 1988 and her nursing degree from Western Governors University in 2017. She was the athletic trainer at Zionsville Community Schools from 1999-2015. Sandi has also worked in clinical orthopedics, serving in inpatient, outpatient and outreach settings with patients and student-athletes of all ages. She and her husband spent a couple of years in Colorado, where she worked as a clinical ATC/RN for CU Sports Medicine and Performance Center in Boulder with the team physicians for Colorado University and the Colorado Avalanche. Sandi specializes in injury prevention, evaluation and treatment, emergency management of injuries, post-surgical care and rehabilitation of injuries.