

# Riverview Health Athletic Trainers



## **Jan Clifton-Gaw MS, LAT, ATC, CSCS - Hamilton Heights High School**

Jan has been working as a certified and licensed athletic trainer in the Midwest since 1991. She has been the head athletic trainer for the Hamilton Heights High School for the past 11 years. Jan has received multiple awards from the Indiana Athletic Trainers Association and the Board of Certification for the National Athletic Trainers Association. Jan's greatest moments continue to be the successes of her students not only on the athletic field but in the community.



## **Addison Smith, MS, LAT, CSCS - Hamilton Heights Middle School**

Addison is a certified and licensed athletic trainer and a certified strength and conditioning specialist at Hamilton Heights Middle School. He attended the University of Indianapolis and obtained an undergraduate degree in exercise science and graduated in May 2021 with a master's degree in athletic training. His love and passion for athletic training developed through his personal experiences with various injuries as an athlete. His career goals are fueled by a passion to help athletes train in the most effective preventative techniques, recover from injuries and ultimately achieve the highest level of performance in their sport.



## **Carson Brown, LAT, ATC - Tactical Performance**

Carson is a certified and licensed athletic trainer. He received a Bachelor of Science degree in athletic training with a minor in massage therapy at Indiana State University. During this time, he worked with ISU men's and women's track and field, ISU women's swimming and diving and Depauw University's men's and women's lacrosse. He also has experience working as an athletic trainer in both the secondary/high school setting, where he served as the athletic trainer for Adams Central High School in northeast Indiana. Carson has also worked in the industrial setting performing ergonomics work with manufacturing workers at Cummin's Engine Co. In his free time, he enjoys cooking and spending time with his wife.



## **Betsy Williams, MEd, LAT, ATC - University High School**

Betsy is a certified and licensed athletic trainer. She received a Bachelor of Science degree in kinesiology with emphases in athletic training and physical education at Indiana University. During this time, Betsy worked primarily with the football and women's basketball teams. She went on to receive her Master of Science degree from the University of Arkansas. There, she worked with the cheer and dance teams, as well as the mascots. Betsy also served as the athletic trainer for Park Tudor School.



**Kris Schepers, LAT, ATC - Westfield High School**

Kris is a certified and licensed athletic trainer who earned a Bachelor of Science degree in sports medicine with an emphasis in athletic training from Indiana State University. Kris has been practicing athletic training within central Indiana for the past 24 years, serving in a variety of sports medicine and athletic training roles. Kris's passion is working with high school student athletes and helping each participant reach his/her goals. Additionally, Kris has worked in all levels of athletic competition and with clients such as the Indiana Pacers, Indiana Fever, USA Track and Field and athletes preparing for the NFL Combine.



**Anthony Scott, MS, LAT, ATC - Westfield High School**

Anthony is a certified and licensed athletic trainer for Westfield High School. Anthony earned his Bachelor of Athletic Training degree from Ball State University in 2016. There, he worked with several Ball State athletic programs as well as local high schools in the Muncie community. Following the completion of his bachelor's degree, Anthony went on to achieve his Master of Science degree from the University of Georgia, where he was the certified athletic trainer for the Division I men's tennis program and cheer and dance teams.



**Shannon Wait, MS, LAT, ATC- Westfield Middle School**

Shannon has been a certified and licensed athletic trainer for more than 16 years. She received a Bachelor of Science degree in kinesiology with an athletic training emphasis from the University of Illinois. While receiving her Master of Science degree from Eastern Illinois University, she provided coverage for its Division 1-AA football team and Division I wrestling team. Previously, Shannon worked as an outreach athletic trainer at New Augusta Public Academy in Pike Township.